

Healthy Snacks Entry Form

Central Florida Fair 2005

Category: _____

Name: _____ Age (as of 9/1/04) _____

Address: _____

Phone: _____ County: _____

E-mail Address: _____

Name of Recipe: _____

Remember:

- ❑ Recipe must never have been published!
- ❑ If ingredients include eggs, they must be cooked.
- ❑ This form must be completed fully or your entry will not be accepted.
- ❑ Please keep a copy of this form.
- ❑ No pre-packed or boxed products or ingredients (i.e. no boxed cake mixes, “Bisquick”, etc.)

Ingredients: (include amount and what was used - ex. ½ cup milk)

[illegible]

[illegible]

**Mail the recipe form to Seminole County Cooperative Extension Office,
250 County Home Road, Sanford, FL 32773 postmarked by February 11, 2005.**